

THE APPLETON SCHOOL: PE CLUBS –Jan- Feb 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before School 07:45 – 08:30	Year 7/8/9 skill clinic Basketball (JP/SJR) High Jump (MF)	Cross-Country/Athletics fitness (MF/SJR) Badminton (TK/JS) Trampoline (KSB/NAB) WK A – yr7 WK B – yr8/9/10	High Jump (TCD/CB) Year 7/8 Rugby (RCP/MF) Senior Basketball (JP)	Cross Country/Athletics fitness (MF/TCD) Year 7/8/9 Cricket Nets boys and girls (TK/JP) Gym (KSB)	Indoor Hurdles (MF/SJR/CB) Yr7 Basketball in gym (JP/TK)
Lunch 13:15 - 13:55	Shot Putt in gym (TCD)	Year 7 Basketball (JP/MF)	Shot Putt in gym (SJR) Year 9 Basketball (MF)	Year 8/9 Basketball (SJR/TK)	Shot Putt in gym (MF) Senior Basketball (JP)
After School	Cross-Country (IP) Yr8,9 Hockey (JLG) Senior Hockey (NAB) Squad Gym (KSB) Girls Basketball all yrs (RM) GCSE PE REVISION WKB (MEF/SP/TCD) Year 12/13 BTEC (SJR/TK) Yr11 OCR Intervention (JS/DCC)	Year 7/8Hockey (NAB) Year 7 /8/9 Rugby (MF/RCP/CB) Badminton (TK) Yr9 and Senior Girls Netball (JS/JLG) Boot Camp fitness for athletics season (SJR/JP/TCD)	Senior Basketball (JP) Girls football all years (RM/TCD) Gym Squad (KSB)	Year 7/8 Netball (JS/TCD/RM/JLG) Year 9 Basketball (MF)	Squad Only yr7 /8 Netball (TCD/JS) Year 7 football (JP) Year 8 Football (TK) Year 9 Football (RMP) Year 10 football (SJR) Girls rugby (Adrian Boyce)

***PLEASE NOTE THAT ALL AFTER SCHOOL CLUBS ARE DEPENDANT ON FIXTURES THAT EVENING. PLEASE CHECK WITH THE PE DEPARTMENT ON A WEEKLY BASIS.**