



#OnlineSafetyAtHome

From Thinkuknow



Your next **#OnlineSafetyAtHome** pack is now available for you to download, containing new activities for parents and carers to use at home! Access them here:

[11-13s](#)

[14+](#)

You can also access the [new guidance for parents and carers](#) designed to help you manage some of the key challenges.

Child online safety during lockdown: where to report

With children spending more time on the internet during lockdown, it's more important than ever for parents and carers and their children to know the best reporting and support routes, should they be worried about something online.

Therefore, you can access the [new ParentInfo article](#) which signposts to reporting, advice and support services available for children and their families.

Managing mental health and wellbeing: advice for families

Many parents and carers are concerned about the impact of COVID-19 on their child's mental health and wellbeing and access to support services.

Two new [Parent Info](#) articles explore how parents and carers can support their child's mental health, and highlight things they can do to manage the wellbeing challenges of family life under lockdown:

- [Surviving family life under lockdown](#)
- [Where can your child get mental health support online during lockdown](#)