



The Appleton School Parent Bulletin – Summer Term

Key Dates

6th July Inset Day - School closed

6th – 10th July –
Year 10 Work Experience

9th-11th July School Production

17th July –
Last day of term

Friday 3rd July 2026

At the beginning of the week, we had our Year 10 taster sessions for Sixth Form.

We had the Student Leadership Conference on Wednesday this week, with over 150 students attending in the Main Hall.

On Thursday, we had a Year 10 Astronomy/Physics Trip to the Royal Observatory in Greenwich, along with some of our MFL students attending a Language Day held at Woodham Ley Primary School.

Our school production 'Frozen' rehearsal took place in the Main Hall on Friday, getting ready for the show next week. If you would like to support our young students, please purchase your tickets on ParentMail.

Towards the end of the week, there has been Sixth Form Inductions taking place for Year 11 into Year 12.

Also, the immunisation catch up session took place on Friday.

PE Fixtures

Wednesday
-District Cricket Girls Festival
Friday
-Sports Day

Attendance

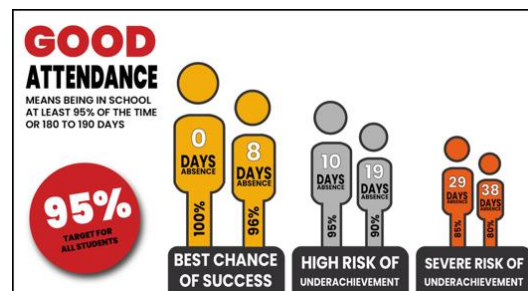
Congratulations to the following form group for the best attendance this week:

701
806
903
1003

School Lunches

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Chilli Con Carne with Rice	Roast Of the Day	Sweet Chilli Chicken	Chicken, Chorizo Rice Pot	Chicken / Beef Burger
Stuffed Peppers	Vegetarian Quiche	Vegetable Chow Mein	Macaroni Cheese	Vegetable Burger
Parmentier Potatoes	Roast Potatoes & Cauliflower Cheese	Potato Wedges	Parmentier Potatoes	Potato Wedges
Steamed Broccoli Florets	Roast Parsnips, Carrots & Green Beans	Egg Fried Rice	Carrots & Broccoli	Green Beans & Sweetcorn
Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo	Jacket Potato with Beans, Cheese or Tuna Mayo
Dessert of the Day	Apple Crumble	Dessert of the Day	Apple Crumble	Dessert of the Day





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Instagram



<https://www.instagram.com/theappletonschool?igsh=MXEzdzY2bnQ5bzI6ZW==>



Lost Property

Please be aware that any named items that are handed in to lost property are routinely returned to students. However, we have a large number of unnamed items that have built up, and we would like to reunite these with their owners if possible.

Please find below a photo of outstanding lost property:-



The lost property boxes will be stored in the Main Reception, please ask your child to go and check before or after school. If any parent/carers would like to check lost property, please do so between 8.00am-4.00pm.

Please note if any lost property is unclaimed by **Friday 17th July at 1.00pm**, we will donate to the uniform recycler.



July 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6 Inset Day	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

REMINDER:
Monday 6th July - Inset Day



THE APPLETON SCHOOL
PROUDLY PRESENTS

Disney

FROZEN

THE MUSICAL

* THURSDAY 9TH JULY 2026
* FRIDAY 10TH JULY 2026
* SATURDAY 11TH JULY 2026

DOORS OPEN AT 7PM
SHOW STARTS AT 7.30PM

TICKETS £7 ADULT
CONCESSION £5
APPLETON STUDENTS £4

Achieving Excellence



Senior Girls District Rounders Champions for the Second Year Running!

Congratulations to the Year 10 Rounders team who remained **unbeaten** at the District Tournament on Tuesday. They played a total of 6 games, and won all 6, scoring an incredible 54.5 rounders in total, and only conceding 25.

Every member of the team made an amazing catch or scored an incredible rounder, and their team-work and enthusiasm was truly exceptional.

Team: Gemma Mings (c), Molly Baumber, Tayleigh Cross, Rose Hall-Stevens, Buhlebethu Hlongwa, Mia James, Pippa Mailley, Mia Randall, Demi Robinson, Jaiden Robinson.

A great end to a fantastic four years – Well done girls!





Cadent Gas Works – London Road

Dear Parents/Carers,

Please be aware that we have been informed by the Local Authority that there will be gas works taking place on the London Road **from Monday 25th May for 14 weeks.**

Further details, including details of lane closures, can be found via the QR code on the attached poster from Cadent.

Cadent will also be holding a drop-in event with a Cadent gazebo, for any businesses or residents who wish to talk to them. The gazebo event will be held outside of Nisa Extra, 117 London Road, South Benfleet, SS7 5UH on Tuesday 26th May from 1pm – 4pm.

Students who travel to/from school via London Road may need to allow additional time for their journey. **This is particularly important for all students sitting exams between 25th May and the end of the summer term.**

We are in communication with Cadent regarding road closures in the summer holiday period. We will write to parents/carers of Year 11 & 13 students nearer the time to detail arrangements for students coming into school to collect exam results on Thursday 13th August, (A-level results day) and Thursday 20th August, (GCSE results day).

Cadent
Your Gas Network

Essential gas works

London Road, Benfleet

- 25 May 2026 for 14 weeks
- We're working in your area to upgrade the ageing gas pipes
- These works will keep you safe, warm and connected
- Please plan extra time for your journeys
- Thank you for your patience
- Find out more: cadentgas.com/benfleet

Scan me
to visit our website

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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Educators Need to Know about INVOICE FRAUD



WHAT ARE THE RISKS?

Invoice fraud, including payment diversion fraud, occurs when criminals deceive you into paying a fake invoice or redirect a genuine payment into their own bank account. Fraudsters may impersonate suppliers, intercept emails, or send convincing invoices to prompt urgent payment into fraudulent accounts. It is one of the most common and costly forms of financial crime affecting individuals, businesses, and schools.

COMMUNICATIONS CLAIMING URGENCY

Communications that claim to be urgent or highlight late payments may be a key sign. Fraudsters often apply pressure to rush decisions and stop checks. Take a moment to verify the request using trusted contacts before making any payment.

CHANGES TO BANK DETAILS

Receiving messages saying a regular supplier has changed their bank account details can be a warning sign. Fraudsters may impersonate contacts to redirect payments. Always verify changes first using known supplier contact details.

DISCREPANCIES AGAINST PREVIOUS INVOICES

Be wary of invoice details that don't match authentic, previously issued invoices, such as amounts, reference numbers or contact names. Fraudsters often alter small details to avoid detection. Always query any differences using your supplier's contact details.

MINOR EMAIL CHANGES

Look out for slight changes to a supplier's email address, such as extra characters or spelling differences. Fraudsters often use similar looking addresses to appear genuine. Always check the sender carefully and verify any concerns using known contact details before responding or making a payment.

UNEXPECTED PAYMENT REQUESTS

Invoices or payment requests for goods or services you do not recognise can be a warning sign. Fraudsters may send false invoices hoping they will be paid without question. Check records and confirm with the supplier before processing any unfamiliar request.

UNUSUAL LANGUAGE OR TONE

Messages with unusual wording, grammar or spelling compared to your usual supplier communications may indicate fraud. Criminals often copy legitimate messages but may not match the usual tone or style. The rise in artificial intelligence (AI) means errors are no longer as common or obvious. Be cautious and verify the request if anything seems out of place.

WE NEED PAYING NOW!

Advice for Parents & Educators

VERIFY BANK DETAILS

Always confirm any change to a supplier's bank details before making a payment. Use a trusted phone number or a long-standing contact you have used before, not the details provided in the request. This helps ensure you are dealing with a genuine supplier and prevents payments being redirected to fraudsters.

CROSS-CHECK INVOICES

Compare new invoices with those previously issued by the supplier in question. Check key details such as amounts, bank details, reference numbers and contact information. Differences may indicate fraud, so always investigate and verify anything that does not match before making a payment.

DUAL PAYMENT APPROVAL

Ask a trusted person to review and approve high-value payments. A second set of eyes can help spot unusual details or warning signs that might otherwise be missed. This adds an extra layer of control and reduces the risk of errors or fraudulent payments being processed.

REPORT FRAUD QUICKLY

If you suspect fraud, act immediately. Contact your bank using 156 or their official number and report it to Report Fraud online or by calling 0300 123 2040. Keep all emails and documents. For more guidance, or to register for counter fraud alerts, see DfE counter fraud guidance. You can find the invoice fraud leaflet on the National Crime Agency website.

Meet Our Expert

Evan Williams is a counter fraud manager at the Department for Education. Having led the function there for many years, he now focuses on continual improvement, communication, and innovation. He proudly oversaw the growth of the counter fraud team during the pandemic, having worked in counter fraud for 16 years since starting his civil service career with the National Crime Agency back in 2010.



The National College

See full reference list on our website

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 **CHILDREN'S
COMMISSIONER**

THE BIG FUTURE

**The Children's Commissioner,
Dame Rachel de Souza, has
launched The Big Future survey.**

It's your chance to have your say on what it's like to be a child or young person in England today - what you love, what worries you, how you have fun, and the changes you want for a better future.

There are questions about voting, school, your area, online safety, and space for you to tell her what you think is important!

**It takes less than 10 minutes to
complete the survey.**



Take part now:

childrenscommissioner.gov.uk/thebigfuture

#TheBigFuture  @childrenscommissioner

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CHILDREN'S COMMISSIONER

THE BIG FUTURE

Take part now:
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nationalbooktokens.com/schools-prize



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ALL
IN.

#rebuildthelibrary

National
Year of
Reading
2026

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H.O.M.E HUB

HELPING • OVERCOMING • MOTIVATING • EXPLORING



H.O.M.E HUB

SEN PARENTS SUPPORT GROUP

EVERY MONDAY 7 - 9 P M

HOME Hub, 88 Brook Road, South Benfleet Playing Fields, SS7 5JF

Join us every Monday evening in a warm, welcoming space to talk with others who truly understand. Connect with people in similar situations, make new friends, join in some light games, unwind, or just simply be.

- Free Parking.
- Hot & Cold Drinks Available.
- Monthly Guest Speakers.

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We need your voice!



Your experiences are key to shaping the future of mental health and wellbeing services in Essex. Young people's mental health is hugely important and you can help to change local services for the better.

If you are a child or young person up to the age of 23 (or up to 25 if you have special educational needs and disabilities), you can be involved in many different ways.



- Create videos, online blogs and respond to other digital tasks
- Share your experiences, views and opinions to help Commissioners improve and develop local mental health services
- Attend Young Mental Health Ambassador meet ups and build your network

Interested?



If you would like to apply for this great opportunity, contact our Engagement Officer, Renee Robey, on:

renee.robey@healthwatchesessex.org.uk
07483 329411



www.healthwatchesessex.org.uk



Spring Term The Essex SEND Local Offer Roadshows

Are you a parent or carer of a young person with special educational needs and disabilities (SEND) aged 0 to 25? Do you want to know what support is available in your area? Come along to one of our Essex SEND Local Offer Roadshows.

You can chat with teams from Education, Health and Social Care, as well as local support groups and activity providers.

The marketplace is free and there is no need to book. Children are welcome!

Drop in between 9:30am and 12:30pm

This term we are in Chelmsford, Harlow, Colchester and Boudon



Scan the QR Code for all the information, including dates and venues or visit the Essex Local Offer at:

<https://send.essex.gov.uk/i-think-my-child-needs-help/essex-local-offer-coalition>

In Partnership with



STEP OUT IN ESSEX YOUTH GROUP

FOR NEURODIVERGENT & SOCIALLY ANXIOUS TEENS

AGED 11 TO 18

THE FITZWIMARC
SCHOOL

SUPPORTED BY
ESSEX YOUTH
SERVICE

FIRST 5 SESSIONS FREE
£3 PER WEEK AFTER



SEND School Age Drop-in

An opportunity to get advice and support in a relaxed and non judgemental environment

Parents and carers of both diagnosed and non-diagnosed children welcome.

2nd Thursday of the month
Starting 8th January 2026

11:30 - 12:30

No need to book - Just drop in!

Little Lions Family Hub Delivery
Third Avenue, Canvey Island, Essex SS8 9SU

Essex Child and Family Wellbeing Service

Service commissioned by:



Find out
more here



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Asthma Newsletter Summer 2026

Mid and South Essex
Community Collaborative 

Did you know there is an increase in asthma attacks in the week following back to school?

Want to know how to prevent this?

Follow the Children's Community Asthma Nurses top tips:

- Take your **Preventer** inhaler every day.
- Always use a **spacer** unless you have a dry powder inhaler.
- Know what **triggers** your asthma.
- Book an **asthma review** with your GP practice during the summer holiday.



What does a "preventer" inhaler do?

1. It reduces the swelling and inflammation within the airway in the lungs.
2. This makes the airways less sensitive to asthma triggers.
3. Using it every day as prescribed, will mean you need to take your rescue (blue) inhaler less.

What are asthma triggers?

Triggers are things that make asthma worse when exposed to them. For example, colds, pollen or air pollution.

What is good asthma control?

1. No symptoms during the day.
2. No symptoms waking them at night.
3. Able to complete all normal activities including PE.
4. Little/ no need for the rescue (blue) inhaler.

If you are worried that your child's asthma is not controlled despite preventer treatment, why not visit your GP to discuss referral to the Children's Community Asthma Service.

